

# HOLY Communion

Then Jesus declared,

"I AM the  
BREAD  
of LIFE;

He who comes to me will  
never go hungry, and he  
who believes in me will  
never be thirsty.

John 6:35



## WHY are we using BREAD for Communion ??

**Gen 14:18** And Melchizedek king of Salem brought forth bread and wine: and he was the priest of the most high God.

**Exo 16:15** And when the children of Israel saw it, they said one to another, It is manna: for they wist not what it was.

And Moses said unto them, This is the bread which the LORD hath given you to eat.

**Definition of the word LORD: Old English hlaford "master of a household, or LOAF KEEPER"**

**Deut 8:3** And He humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that He might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the LORD doth man live. (See also Mat 4:4 – The Temptation in the Desert)

**John 6:31-33,48-49,58** *Our fathers did eat manna in the desert; as it is written, He gave them bread from heaven to eat. Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven. For the bread of God is He which cometh down from heaven, and giveth life unto the world.... I am that bread of life.* Your fathers did eat manna in the wilderness, and are dead.

This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever.

**Heb 10:20-21** By a new and living way, which he hath consecrated for us, through the veil, that is to say, His flesh; And having an high priest over the house of God; (Luk 23:45, 2 Cor 3:16, Heb 10:5 – Body Prepared)

*For I received from the Lord Himself that [instruction] which I passed on to you, that the Lord Jesus on the night in which He was betrayed took bread; and when He had given thanks, He broke it and said, "This is (represents) My body, which is [offered as a sacrifice] for you. Do this in [affectionate] remembrance of Me."*

*In the same way, after supper He took the cup, saying, "This cup is the new covenant [ratified and established] in My blood; do this, as often as you drink it, in [affectionate] remembrance of Me." (Mat 26:28 For this is my blood of the new testament, which is shed for many for the remission of sins.)*

*For every time you eat this bread and drink this cup, you are [symbolically/prophetically] proclaiming [the fact of] the Lord's death until He comes [again].*

*So then whoever eats the bread or drinks the cup of the Lord in a way that is unworthy [of Him] will be guilty of [profaning and sinning against] the body and blood of the Lord. But let a man examine himself, and so let him eat of that bread, and drink of that cup. For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body. For this cause many are weak and sickly among you, and many sleep. For if we would judge ourselves, we should not be judged.*